

The Race

This Children/Youth event includes five different distances, depending on the participant's age.

Participants must compete in the distance corresponding to their age (no exceptions). Children ages 8-11 will start two at a time; children ages 12-13 will be a mass start; children 14-15 will be a mass start. The start will be completed in waves with the first one off at 9 a.m. The five races are as follows:

Age	Before 6/1/16	After 6/1/15	SWIM	BIKE	RUN
8-9	\$20	\$25	50 yards	½ mile	¼ mile
10-11	\$20	\$25	100 yards	1 mile	½ mile
12-13	\$25	\$30	200 yards	3 miles	1 mile
14-15	\$25	\$30	300 yards	6 miles	2 miles
7 & under	\$10	\$10	N/A	¼ mile	1/8 mile

The Course

All activities are contained within Colonel Crawford Park at Woodcock Creek Lake. THE EVENT WILL START IN WAVES - WE WILL NOT BE PLACING ALL OF THE KIDS IN THE WATER TOGETHER. The swim will be an open-water swim manned by numerous people including lifeguards, water safety crews, and volunteers. The bicycle course will be on paved roads throughout the park. The road will not be closed to vehicular traffic during the race, but will be heavily marshalled. The run will be on some grassy areas and park roads. All areas will be manned for the safety of those participating in the event. Please note that the race distances may vary slightly from above due to actual distances available within the park. Also, this is NOT a flat course. There are slight upgrades/downgrades within the park for both the bike and run.



The Awards

Ages 7 and under - this is a noncompetitive bike/run event. Every participant who crosses the finish line will receive a special medallion. All other age groups - Awards will be presented as follows: 1st, 2nd, 3rd Boys per age division AND 1st, 2nd, 3rd Girls per age division

Special Stuff

All participants will receive a specially designed t-shirt along with numerous items provided from sponsors. Door prizes and special give-a-ways will also be part of the festivities.

*This race is part of a Family Dam Triathlon Weekend
Youth/Children's (ages 15 and under) race on Saturday, June 24 ;
Adults (ages 16 and older) race on Sunday, June 25, 2017 .
Register for both online!*

Registration Form

Participant's Name: _____

Date of Birth _____

T-Shirt Size (Circle One): Youth S Youth M Youth L Youth XL Adult S Adult M Adult L Adult XL

Parent/Guardian Name _____

Address _____

Phone _____

Gender _____ M _____ F

Age on 12/31/17 _____

City, State, ZIP _____

E-mail _____

Amount Enclosed: Before June 1: \$20 (ages -8-11) \$25 (ages 12-15).....June 1 and after \$25 (ages 8-11) \$30 (ages 12-15)
The Bike/Run for kids 7 and under: \$10

Make checks payable to "Meadville Family YMCA" - Mail to: YMCA 356 Chestnut, Meadville PA 16335

Please be aware that every participant and their parent/guardian will be required to complete a liability waiver at packet pick-up as required by the coordinating organizations of this event. NO EXCEPTIONS.

I attest that the information on this form is correct.

Parent or Guardian's Signature _____

Date: _____